ANNUAL REPORT



2015/16

2072/73

PRESIDENT'S MESSAGE

I am delighted to present the 12th Annual Report of National Association of PLHA in Nepal (NAP+N) for the fiscal year 2072/2073 (2015/2016). HIV is a serious issue of the present world especially the third world country like Nepal. Not only to achieve the health related millennium development goals (MDGs) but also to meet other nationally set health and development targets, the role of National network is inevitable and critical. Moreover its impossible to end AIDS by 2030 without key participation, in accountability, of community maintained by the local community or community based organizations, smooth and quality service. Therefore, the mutual and cordial relationship between service providers and local communities has proved to bring positive changes in the society.

This report on "Best Practices and Lessons from various programs conducted under NAP+N" intends to express the result of combine efforts of all community based organizations, advocators, government authorities, hospitals, Networks/Federations, local bodies, committees and individuals in bringing changes in HIV and AIDS service delivery at local level. It also demonstrates our dynamism and our ability to turn around quickly to address gaps in HIV responses and support people living with HIV, in all their diversity, to lead changes to improve the quality of their lives.



Mr. Achut Sitaula President

We would like to sincerely acknowledge National Center for AIDS and STD Control (NCASC), Save the Children, FHI 360, Asia Pacific Network for PLHIVs (APN+), AIDS Healthcare Foundation Nepal (AHF) D/PHOs, NGOs and CBOs through which the HIV prevention program were carried out smoothly and completed with success.

My particular thanks go to Mr. Madhav Adhikari, Mr. Amrit Bikram Rai, Mr. Warren Basnyat, Ms. Shova Bohora and Ms. Kyarun Rajthala& Mr. Ashmin Khanal for their hard work to give this report a final shape. Finally, my deep gratitude goes to the whole team of NAP+N for handling the overall process and providing the necessary technical and practical support in accomplishing this report.

Mr. Achut Sitaula

President

GLOSSARY OF ABBREVIATION

AIDS : Acquired Immuno-deficiency Syndrome

APN+ : Asia Pacific Network of PLHIVs

ARV : Anti-Retroviral Drugs

ART : Anti-Retroviral Therapy

CABA : Children Affected by AIDS

CBOs : Community Based Organizations

CCM : Country Coordination Mechanism

CHBC : Community Home-based Care

HIV : Human Immuno-deficiency Syndrome

IDUs : Injecting Drug Users

INGOs : International Non-Government Organizations

NCASC : National Centre for AIDS and STD Control

NGOs : Non-Government Organizations

PLHIV : People Living with HIV

S & D : Stigma and Discrimination

STIs : Sexually Transmitted Infections

UN : United Nations

VCT : Voluntary Counseling and Testing

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COVERAGE MAP OF NAP+N





INTRODUCTION

MISSION:

Ensure that PLHIVs enjoy and understand all their fundamental rights irrespective of religion, race, caste, gender, sexual orientation and social and economic status through formation and strengthening of PLHIV organizations.

VISION:

An environment where PLHIVs can have a quality of life without fear of stigma and discrimination, enjoying full rights and working towards HIV and AIDS free Society".

GOAL:

To improve the quality of lives of PLHIVs to respond to the challenge faced by people living with HIV

TARGET GROUPS:

All people of Nepal Living with HIV and AIDS are the main target for positive prevention.

- Injecting Drug users (IDUs)
- Female Sex workers (FSWs)
- Clients of Sex workers (CSWs)
- Male Sex with Male (MSM-Sexual minorities) and
- Seasonal Labor Migrants (SLMs)

ABOUT NAP+N

INTRODUCTION OF THE ORGANIZATION

The National Association of People living with HIV and AIDS (NAP+N) was established after the first national consultation of PLHIVs in 2003. This historic event, succeeded in bringing 30 PLHIV participants from across the country to agree to one common goal: to unite all those living with the virus in Nepal and fight back.

NAP+N has focused on building the capacity of local PLHIV groups to respond appropriately to the needs of PLHIVs in area of advocacy, care and counseling, raising support, community awareness, providing information education and improving access to the healthcare and legal services. NAP+N is the largest network of grassroots organizations working on the frontlines of this concentrated epidemic.

At the national level, NAP+N represents in NAC, NACC, HIV Board

and CCM as well represents in various committees and national works closely with NCASC, UN theme groups, governments, national and international organizations. Internationally, NAP+N have formal relationships with numerous national and international agencies including Global Fund, Save the Children, USAID, Pooled Fund, APN+.NAPN has focused on building the capacity of local PLHIV groups to respond appropriately to the needs of PLHIVs in area of advocacy, care and support, raising counseling, community awareness, providing information and education and improving access to the healthcare and legal services. NAPN is the largest network of grassroots organizations working the on frontlines of this epidemic.

NAP+N is committed towards the promotion of autonomy and empowerment of PLHIVs which will help them make informed decision.

NAP+N ensure that PLHIVs are in the forefront of policy making debates and

their meaningful involvement at all levels is essential. The network is working towards multi-sectored collaboration and aims to develop strong working partnership with Nongovernmental Organizations (NGOs), the government and the private sectors.

Currently there are over 130 organizations affiliated to NAP+N and has estimated more than members. NAP+N currently has 5 regional offices in Dharan (Eastern Development Region), Chitwan (Central Development Region), Pokhara (Western Development Region) and Nepalgunj (Mid Western Development Region) and Dhangadi (Far Western Development region). NAP+N has its central secretariat in Maharjgunj, Chakrapath, Kathmandu.

The NAP+N and other Regional Offices responsible for formulating programs as per policy and plans, implementation, use of financial resources and accountability, and monitoring and evaluation. NAPN is currently implementing the Pooled Funded Targeted Intervention Program on PLHIV component that supports 39 CBOs in 35 districts under NCASC/World Bank and 18 PLHIV CBOs in 6 districts through Save the Children/GFATM grants

round 10. NAPN also works on network strengthening by providing assistance to 5 regional offices and the central Secretariat with the support from FHI/ASHA project. Similarly, Asia Pacific Network of PLHIVs (APN+) has supported for the Advocacy and capacity building on Hepatitis C, HIV Co-infection and sexual reproductive health rights and Monitoring of Access to Treatment.

During this four years NAP+N has expanded its network to bring the grass root level organization in one umbrella, approaching the different mobilization for its members, also by exposing PLHIVs in the society for positive prevention and capacity building of the grass root level organizations.

OBJECTIVES

- To enhance understanding on the social and economic causes and consequences of the HIV/AIDS at family and community levels
- To improve policy and social environment that leads improved living and working condition for PLHIV
- To strengthen the active involvement of media, politicians, private sector and civil society to act against stigma and discrimination
- To increase meaningful involvement of PLHIV in

- response to the HIV/AIDS epidemic in Nepal.
- To enhance the capacity of NAP+N and its members through training and establishing effective network units.

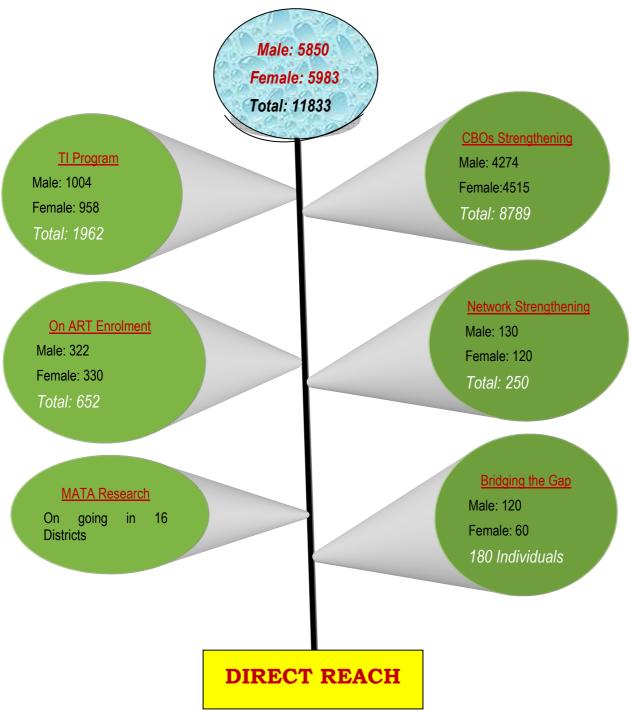
HUMAN RESOURCES

NAP+N has an inclusive human resource policy. In 2016, NAP+N had 32 staffs and 10 volunteers, of whom 16 were men and 26 were women. NAP+N is committed to gender equity and diversity and we are positively progressing in terms of diversifying our staff composition.

We have 4 women in managerial positions and above in NAP+N.

NAP+N currently has two levels i.e Regional and Central level. NAP+N has its central secretariat in Dhumbarahi, Kathmandu, is responsible for planning, project strategic and programme design, donor counterpart and partner relations, concluding project and programme agreements, financial management, policy and goal organisational setting, structure, staffing, implementation of and project activities, programme monitoring and evaluation. And, regional offices of Dharan (Eastern Development Region), Chitwan (Central Development Region), Pokhara (Western Development Region) and Nepalguni (Mid Western Development Region) and Dhangadi (Far Western Development region) are responsible for execution of programs and advocacy on related issues.

2072/73 BY THE NUMBERS



LIST OF PROJECTS



CCC

Targeted
Intervention
Services for
PLHIVs

Project Goal: To reduce morbidity related to HIV and related complications, prevent HIV transmission and improve quality of life for PLHIV and their families.

Working Districts: Sunsari,
Saptari, Dhanusha, Rautahat,
Makwanpur, Sindhupalchwok,
Kavre, Bhaktapur, Lalitpur,
Kathamndu, Nuwakot, Dhading,
Chitwan, Nawalparasi, Gorkha,

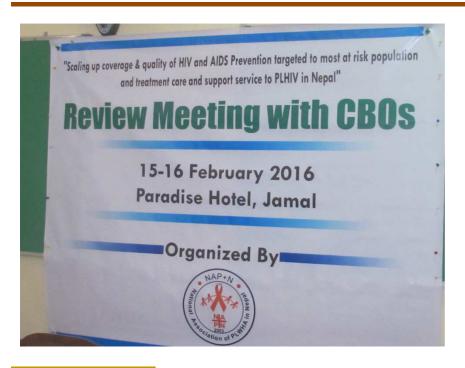
The "Targeted Intervention (TI) services for PLHIVs" (Phase I) was initiated in 2011, to care, support treatment services. Pooled and Fund through Nepal Government National Center for AIDS and STD Control (NCASC) funded this project for three and half years. Similarly, the second phase has also implemented through NAP+N. And now this was the third phase, NAP+N has been implemented project on "TI services for PLHIVs" supported by **NCASC** and selected 35 districts of Nepal through establishing 40 Community Care Centers (CCC). And Save the Children International has supported to fulfill the gap period of this project.

Target Population: People Living with HIV and AIDS (PLHIVs) and their families.

Project Period: 16 July, 2015 to 15 July, 2016.

Lamjung, Tanahun, Kaski, Baglung, Syangja, Palpa, Gulmi, Kapilbastu, Arghakhachi, Pyuthan, Rolpa, Banke, Bardiya, Dailekh, Kailali, Dadeldhura, Baitadi, Bajhang, Doti and Bajura.

Funding Agencies: Pooled Fund through Nepal Government National Center for AIDS and STD Control (NCASC) and Global Fund through Save the Children International.



Since 2009, NAP+N is the partner organization of Save the Children International. NAP+N has been implementing project on "Scaling up coverage and quality of HIV and AIDS prevention targeted to most at risk Population and treatment care and support service to PLHIV in Nepal" supported by Global Fund as sub recipient and has implemented it through its member CBOs in 15 districts in 2015-16.

CBOs STRENGTHENING

"Scaling up coverage and of HIV quality **AIDS** and prevention targeted to most at risk Population treatment and care and support service to PLHIV in Nepal"

Project Goal: To provide support to CBOs to develop their plan and support for basic operation cost.

Working Districts: Jhapa, Morang, Parsa, Dhading, Chitwan, Kaski, Rupendehi, Gulmi, Surkhet, Banke, Salyan, Kailali, Baitadi, Kanchanpur and Bajura.

Target Population: People Living with HIV and AIDS (PLHIVs).

Project Period: 16 July, 2015 to 15 July, 2016.

Funding Agencies: Global Fund through Save the Children International.



PLHIV NETWORK STRENGTHENING

Capacity Strengthening of National PLHIV Network in Nepal Project Goal: To the capacity and commitment of the network of people living with HIV at the national level to improve access to prevention, care, support and treatment (CST) services.

Working Districts: Five Development Regions of Nepal.

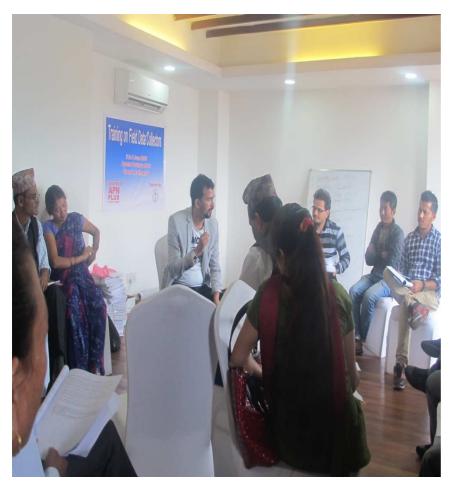
has been implementing project on "Capacity Strengthening of National PLHIV Network in Nepal" supported by fhi360. Since 2005, this program is continuously going on. NAP+N has conducted training need assessment and various needbased training and capacity building workshops including network and project management, evidence based advocacy management information systems. NAP+N also serves a crucial role in increasing the capacity of member organizations in the districts. NAP+N has also coordinated with Saath the saath project implementing partner agencies in the districts to improve coordination efforts in and resource allocation for HIV programming in the districts.

Target Population: People Living with HIV and AIDS (PLHIVs), Secretariats of Central and Five Development Regional Chapters of NAP+N.

Project Period: 16 July, 2015 to

15 July, 2016.

Funding Agencies: fhi360.



MATA RESEARCH
Monitoring of
Access to
Treatment for
PLHIVs in Nepal.

Goal: Project To improve knowledge and understanding of issues related to PLHIV's access to treatment, care and support services in the region and use it for evidence-based advocacy and to streamline issues of Hepatitis C as co-infection and sexual and reproductive major health as issues among WLHIV in Nepal.

Working Districts: Five Development Regions of Nepal and Research is going on in Sunsari, Jhapa, Morang, Chitwan, Kathmandu, Lalitpur, Bhaktapur, Kavre, Nawalparasi, Kaski, Banke, Bardiya, Achham, Kailali, Kanchanpur and Doti districts.

has been implementing project on "Monitoring of Access to Treatment" supported by Pacific Network of People Living with HIV and AIDS. Which is a research based Monitoring Access to Treatment in Asia (MATA) in Nepal and Advocacy and capacity building on Hepatitis C, HIV Coinfection and Sexual Reproductive Health Rights (SRHR). CAT project has completed its first phase and entered into monitoring phase of research and is part of the Global Fund regional grant where as the Hepatitis C and SRHR is funded by Robert Carr Foundation- both of the projects are managed by APN+".

Target Population: People Living with HIV and AIDS (PLHIVs), Hepatitis C co-infected individuals.

Project Period: 16 July, 2015 to 15 July, 2016.

Funding Agencies: Robert Carr Foundation- both of the projects are managed by APN+".



BRIDGING THE GAP

Advocacy for the Bridging the Gap

Project Goal: To support the current TI Program on treatment, care and support as well as network support program includes intervention capacity building and life enhancement training to local PLHIVs and their CBOs. expansion and strengthening of networks and local and central level to promote test, treat and retain.

Working Districts: Central and Five Development Regions Chapters of NAP+N.

This project is implementing from September 2015 of one year program. The project implementation stations are central and five regional chapters NAP+N. The activities networking and partners meeting, proposal and report writing training and training on documentation of HIV related human rights violation **PLHIVs** for community among human rights defenders provide care, treatment and support, to facilitate test, treat and retain in service. Similarly, other activities regional include stakeholders meeting and events celebration.

Target Population: People Living with HIV and AIDS (PLHIVs), Hepatitis C co-infected individuals.

Project Period: September, 2015 to August, 2016.

Funding Agencies: AIDS Healthcare Foundation (AHF) Nepal.

EVENTS



Commemorate Hep C Day



Commemorate World AIDS Day 2072



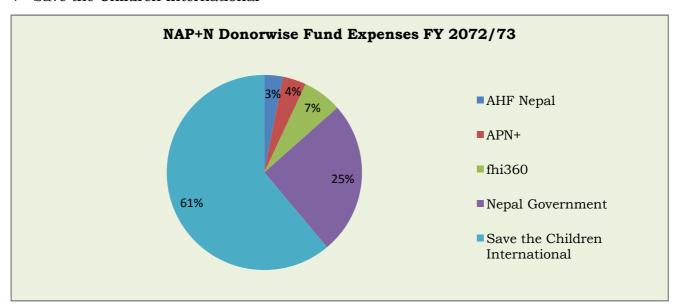
Appeal Handover Against MIC to WB

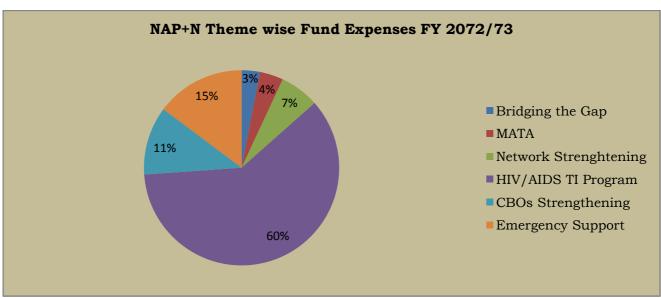


UNGASS High Level Meeting

FUNDING AGENCIES

- ❖ AIDS Healthcare Foundation (AHF) Nepal
- ❖ Asia Pacific Network for People Living with HIV and AIDS (APN+)
- **♦** fhi360
- ❖ Government of Nepal
- Save the Children International





OUR PARTNERS

Aavash Samuha. Lalitpur Asha Jyoti Sayogi Sumuha, Rupendehi Asha Milan Samuha, Parsa Baitadi Plus, Baitadi Bajhang Plus, Bajhang Bajura Plus, Bajura Bishwasilo Aasha, Dhanusha Chhahari Mahila Samuha, Chitwan Chhahari Mahila Samuha, Gorkha Chitwan Plus, Chitwan Community Support Group, Baglung Community Support Group, Syangja Community Support Group, Tanahun Dadeldhura Plus, Dadeldhura Dailekh Plus, Dailekh Dhading Plus, Banke Dhading Plus, Dhading Dhading Plus, Lamjung Dharan Positive Group, Sunsari Dhaulagiri Positive Group, Baglung Friend's of Hope, Kaski Godawari Plus, Kailali Hamro Jeevan Plus, Gulmi Helping Hands Nepal, Bardiya Hope Nepal, Banke

Laligunras Ekta Samaj, Doti Lava Kush Ashram, Jhapa Life Vs Addiction, Sindhupalchowk Lumbini Plus, Nawalparasi Mahile Plus, Surkhet Makwanpur Positive Group, Makwanpur Malakheti Sahayogi Samuha Plus, Kailali Mallarani Rural Development Concern Center, Pyuthan Maya Nepal, Kapilbastu Maya Nepal, Rautahat Nava Asha, Kanchanpur Pratibaddha Samuha, Palpa Prayash Mahila Samuha, Sunsari Rolpa Plus. Rolpa Sakriya Plus Nepal, Kavre Sandesh Sahayog Samuha, Argakhachi Sankalpa Sahayogi Samuha, Syangja Shakti Milan Samaj, Kathmandu Shrada Plus, Salyan Sparsha Nepal, Morang Sparsha Nepal, Saptari Suruwat, Bhaktapur The Creative Group, Kathmandu Trisuli Plus, Nuwakot Women Forum, Kaski

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Western Development Regional Office Pokhara, Kaski, Nepal

Mid-western Development Regional Office Nepalgunj, Banke, Nepal

Far-western Development Regional Office Dhangadi, Kailali, Nepal

